# **APA 7 Sample Papers: Student and Professional Formats**

The APA Publication Manual (7th Edition) outlines specific formatting rules for two main types of papers: student papers (submitted for coursework) and professional papers (intended for scholarly publication). While the citation style remains the same across both formats, the title page and running head differ slightly. To help writers understand these conventions, examples of each paper type are often provided.

For instance, student papers generally include a title page with the paper title, student's name, institution, course, instructor, and due date. Professional papers, on the other hand, feature a running head and additional information that aligns with journal submission standards.

## **Sample Student Papers**

### **Sample Student Paper 1**

Title: The Effects of Social Media on Study Habits

Author: Jane Smith

**Institution: Springfield University** 

Course: PSY 101 - Introduction to Psychology

Instructor: Dr. Robert Miller Due Date: September 15, 2023

#### Introduction

This paper explores the influence of social media use on study habits among first-year college students. Research suggests that excessive use of social media platforms may negatively affect academic focus and time management.

### **Sample Student Paper 2**

Title: Climate Change and Public Health

Author: Michael Johnson

Institution: Green Valley College

Course: ENV 202 – Environmental Studies

Instructor: Dr. Linda Gomez Due Date: November 3, 2023

#### Introduction

This paper examines the relationship between climate change and public health, focusing on how rising global temperatures contribute to increased risks of respiratory illness, heat-related conditions, and the spread of infectious diseases.